



San Antonio Mental Health Resource List

Crisis Hotlines 24/7

Suicide prevention hotline 1800-273-8255

Crisis Text line (Text CONNECT to 741741 to speak with a counselor)

Bexar County Criss Line 1-800-316-9241

National Addiction hotline 1-888-459-5511

Psychiatric Services

Laurel Ridge Treatment Center 17720 Corporate Woods Dr. 210-491-9400

Nix Behavioral Health Services 1975 Babcock 210-200-7022

Clarity Child Guidance Center 8535 Tom Slick 210-616-0300

UT Health Psychiatry 8300 Floyd Curl Dr. 210-540-6440

Hector Garza Center 6200 East Afton Oaks 210-568-8600

Counseling Services

St. Mary's University Family Life Center of 251 W. Ligustrum St. 210-438-6411

Our Lady of the Lake University Counseling Services 590 N. General McMullen 210-434-1054

UTSA Sarabia Family Counseling Center 501 W. Caesar Chavez Blvd.

210-458-2055

Children's Bereavement Center 205 W. Olmos Dr. 210-736-4847

Neely Counseling Center 12030 Bandera Road 210-523-4200

Hill Country Counseling 12274 Bandera Road 210- 838-5514

Angst Movie Resource Page (Outstanding Library of Information)

<https://angstmovie.com/resources/>